

Integrated Child Development Scheme (ICDS)

Contact No. of Nodal Person in the Department: 9469030227/8825075693

ICDS: Is world's largest community based programme. The scheme is targeted at children up to the age 6 years, Pregnant & Lactating mothers and Women 16-44 years of age. The scheme is aimed to improve the health, nutrition & education of the target community. The thrust of the scheme is on the villages where over 75% of the population lives. Urban slums are also a priority area of the programme.

S.No.	Name of the Scheme	Benefits	Eligibility	Documentation
	<p>Poshan Abhiyan: Poshan Abhiyan or National Nutrition Mission (NNM) is a programme of GOI to improve nutritional outcomes for children, pregnant women and lactating mothers. It was launched by PM in Jhunjhunu, Rajasthan in March 2018. It is PM's flagship programme to improve nutritional outcomes for children, Adolescent, Pregnant women & lactating mothers through identification and monitoring, in order to eradicate Malnutrition. The aim is achieved by convergence among 12 line departments. The Flagship Programme</p>	<p>It targets to reduce level of under nutrition and other related problems by ensuring convergence of various nutrition related schemes. It also targets stunting, under nutrition, anaemia (among young children, women & adolescent girls) and low birth rate.</p>	<p>It focuses on adolescent girls</p>	<p>For documentation please contact Nodal officer (if any).</p>
	<p>aims at removal of stunting, wasting, anaemia, diarrhoea and tuberculosis. Universal coverage. Children 06 months to 06 years, Pregnant & lactating mothers</p>	<p>It will monitor and review implementation of all such schemes.</p>		
01	<p>Pradhan Mantri Matru Vandhana Yojna (PMMVY)</p> <p>PMMVY is a maternity benefit scheme for pregnant & lactating women of 19 years of age and above for 1st live birth. It provides partial wage compensation to women for wage loss during child birth and child care. The 5000/= assistance is provided in three installments below: I) The first installment is received after registration at Anganwadi Centre. II) The second installment is given after first anti-natal check-up.</p>	<p>A cash incentive of Rs. 5000 is provided under three installments to Pregnant women & Lactating Mothers for the first living child of the family. It is a conditional cash transfer scheme for pregnant & lactating women of 19 years of age or above for the</p>	<p>All P&L women excluding the ones who are in regular employment with State/Central Govt.</p>	<ol style="list-style-type: none"> 1. Early registration of pregnancy within 150 days from the date of LMP. 2. Received at least one ANC (can be claimed after 6 months of pregnancy) 3. Child birth is registered. 4. Child has received first cycle of BCG, OPV, DPT & Hepatics- B or its equivalent substitute.

	<p>III) The third installment is provided after the child birth at Govt. or Govt. recognized hospital. Eligibility: I) First issue after marriage II) Beneficiary should not be Permanent Govt. Employee.</p>	<p>first live birth.</p>		
02	<p>Supplementary Nutrition: It contains a combination of pulses, cereals, oil, vegetable & sugar. Some AWCs provide a “ready to eat meal”.</p> <p>This programme is provided to children below 6 years of age, pregnant & nursing mothers and adolescent girls of low income group to improve</p>	<ul style="list-style-type: none"> • Children in the age group of (0-6 years) • Pregnant women & • Lactating Mothers 	<p>Children below 6 years, Pregnant & Lactating Mothers(P&LM)</p>	
	<p>health and nutritional status</p>			
03	<p>IMMUNIZATION: AWW helps organize fixed day immunization sessions. Primary Health Care Centre (PHC) & its infrastructure carry out the immunization of infants and expectant mothers as per the national schedule.</p>	<ul style="list-style-type: none"> • Children in the age Group of (0-6 years) • Pregnant women & • Lactating Mothers 	<p>Children below 6 years, Pregnant & Lactating Mothers(P&LM)</p>	
04	<p>Health Check-up & Referral services. The health check up activity includes care of all children below 6 years, ante-natal care of Lactating mothers. AWW and PHC staff work together and carry out regular check-ups, body weight recording, immunization, management of malnutrition, treatment of diarrhea, deworming and other minor ailments. At AWC, children, adolescent girls, pregnant women and lactating mothers are examined at regular intervals by LADY HEALTH VISITOR (LHV) & Auxiliary nurse mid-wife (ANM). Malnourished and sick children who cannot be managed by ANW/AWW are provided Referral services through ICDS.</p>	<p>Children in the age group of (0-6 years) Pregnant women & Lactating Mothers</p>	<p>Children below 6 years, Pregnant & Lactating Mothers(P&LM)</p>	

<p>05</p>	<p>Preschool Education. Early childhood care and preschool education is yet another activity of ICDS programme. This focuses on the total development of child upto 6 years. It is aimed at 3-6 years of age group. Non formal nutrition and health education given by AWW is aimed at empowerment of women in the age group of 15-44 years to enable them to look after</p>	<p>Children in the age group of(0-6 years) Pregnant women & Lactating Mothers</p>	<p>Children 3-6 years</p>	
	<p>their own health & nutrition needs as well as that of their children & families. The education is imparted through participatory sessions at AWC, home visits and small group discussions.</p>			
<p>06</p>	<p>Nutrition & Health Education. AWC, on the other hand , provide s a good opportunity to develop a close rapport with the local women and indulge in non- formal education on health and nutrition. Convergence with health helps achieve better maternal and child health, enhances awareness regarding family planning services, treatment of morbidity and reduction of mortality.</p>	<p>Children in the age group of (0-6 years) Pregnant women & Lactating Mothers</p>	<p>Women (15-45 years)</p>	